

Cycle Club Bexley

Promoted for an on behalf of Cycling Time Trials under their Rules and Regulations

The Dave Ashdown Memorial Open 10 Miles Time Trial
(incorporating a Tricycle Association (South Eastern Region) '10')
To be held at 15.00hrs on Saturday 9 May 2015
Course Q10/24 – Grain

Event Secretaries:

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| CC Bexley: | Richard Boxall 9 Wessex Walk Dartford Kent Tel. 01322 523956 | TA: | Mark Vowells and Handicapper Alandale Foxendown Lane Meopham, Kent Tel. 01474 392302 |
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Timekeepers: Dave Abbotts, Gravesend CC and Bob Aves, CC Bexley Recorder: Tom Wakefield

CC Bexley Awards

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|---|-----------------------|
| 1 st , 2 nd , 3 rd , 4 th on scratch | £20, £15, £10, and £5 |
| 1 st in each vets' category vets' A, B, C, D A40-49, B50-59, C60-69, D70+ | £10 |
| 1 st Lady, 2 nd Lady, 3 rd Lady | £15, £10, £5 |
| 1 st team of three | £10 each |
| 1 st Junior | £15 |

TA Awards

1st on scratch TA Gilt Medal 1st handicap TA Gilt Medal

Event headquarters: Stoke Village Hall, Mallard Way, Lower Stoke, ME3 9ST

Course: Q10/24 – Grain – Fenn Corner Roundabout – Grain

Start on A228 west of Grain Village 14 metres north of the lamppost GFY26 on Strood bound carriageway by a minor access road to the National Grid site, where the continuous white road edge line starts. Proceed west on the A228 to turn at Fenn Corner roundabout (5.07 miles). Retrace on the A228 to finish directly opposite the lamppost GFY19 (situated on Strood bound carriageway) (10 miles)

Notes to riders

- It is approximately 3.5 miles from the HQ to the start – please allow enough time for this, and be aware that other riders may be racing on the course.
- No warming up on the course once the event has started.
- **Numbers** will be at the HQ and will be issued to riders after signing on.
- Riders should refer to regulation 16 – which states that **'the number should be centrally positioned below the waist so as to be clearly visible from the rear when in the normal riding position'**.
- Numbers may be exchanged for a drink on completion of the ride
- Please remove racing shoes before entering the hall.
- Please do not perform U turns in the start or finish area or use these areas as a public toilet as offenders risk disqualification.
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Juniors and juveniles **MUST** wear such headgear.
- Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations. Riders must also ensure their helpers conform to the Regulation 22 relating to the use of vehicles during events.
- It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.
- Rider feedback forms will be available in the HQ by the signing on desk, and can be used by riders and marshals to offer comments that could significantly improve safety.
- Have a safe and enjoyable ride.

| No. | Name | Club | Hcp/Cat | Start |
|-----------------|----------------------|--|---------|-------|
| TA Event | | | | |
| 1 | Mark Vowells | C C Bexley | 1.00 | 15.01 |
| 2 | Richard Bailey | Redhill CC | 4.45 | 15.02 |
| 3 | Lez Young | Middlesex RC | 0.30 | 15.03 |
| 4 | John Hastings | C C Bexley | 6.45 | 15.04 |
| 5 | Ian Finch | C C Bexley | Scr. | 15.05 |
| 6 | Chris Hutchinson | Redbridge C C | 0.45 | 15.06 |
| CC Bexley Event | | | | |
| 9 | Simon Andrews | Polhill Racing Club | B | 15.09 |
| 10 | Tom Rowing | Abellio SFA Racing Team | | 15.10 |
| 11 | Garfield Hall | gbcycles.co.uk | B | 15.11 |
| 12 | Mrs Louise Mason | Medway Velo | L | 15.12 |
| 13 | Martin Russell | Thanet Road Club | A | 15.13 |
| 14 | Martin Derham | Southborough & District Wheelers | B | 15.14 |
| 15 | Tony Day | Bigfoot C C | A | 15.15 |
| 16 | Kelvin Hatch | Abellio SFA Racing Team | | 15.16 |
| 17 | Oliver Dickson | Thanet Road Club | J | 15.17 |
| 18 | Colin Webster | Woolwich C C | B | 15.18 |
| 19 | Mrs Angela Spencer | C C Bexley | L/A | 15.19 |
| 20 | Dave Stoker | Abellio SFA Racing Team | B | 15.20 |
| 21 | David Churchill | Bigfoot C C | B | 15.21 |
| 22 | Gary Harrison | Thanet Road Club | C | 15.22 |
| 23 | Alan Rowe | De Laune C C | D | 15.23 |
| 24 | Murray Spencer | C C Bexley | B | 15.24 |
| 25 | Paul Williams | ACU Army | A | 15.25 |
| 26 | Martin Foord | Abellio SFA Racing Team | B | 15.26 |
| 27 | Michael Saadat | Southborough & District Wheelers | B | 15.27 |
| 28 | Gary Russell | Thanet Road Club | A | 15.28 |
| 29 | Rod Waters | V C de Londres | A | 15.29 |
| 30 | Richard Williams | Bigfoot C C | B | 15.30 |
| 31 | Daniel Martin | Thanet Road Club | J | 15.31 |
| 32 | Michael Bebbington | C C Bexley | A | 15.32 |
| 33 | Miss Nicola Goodban | Thanet Road Club | L/A | 15.33 |
| 34 | Doug Finch | Southborough & District Wheelers | C | 15.34 |
| 35 | Simon Henderson | Thanet Road Club | B | 15.35 |
| 36 | Rory Hopcraft | Medway Tri | | 15.36 |
| 37 | Nigel Perry | San Fairy Ann C C | B | 15.37 |
| 38 | Malcolm Adams | De Laune C C | D | 15.38 |
| 39 | Ms Stephanie Waters | San Fairy Ann C C | L | 15.39 |
| 40 | Mark Newton | Elite Cycling | A | 15.40 |
| 41 | Lawrence Martin | Thanet Road Club | B | 15.41 |
| 42 | Robert Giles | PMR@Toachim House | C | 15.42 |
| 43 | Andrew Elford | C C Bexley | A | 15.43 |
| 44 | Gary Strachan | V C de Londres | B | 15.44 |
| 45 | Mark Baker | V02 Maximum RT | A | 15.45 |
| 46 | Lee Russell | V C Elan | | 15.46 |
| 47 | Darren Mitchell | Thanet Road Club | | 15.47 |
| 48 | Cameron Piper | San Fairy Ann C C | J | 15.48 |
| 49 | Christopher Hovenden | C C Bexley | | 15.49 |
| 50 | Mike Piper | Abellio SFA Racing Team | | 15.50 |

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| 51 | Gary Grayland | C C Bexley | A | 15.51 |
| 52 | Paul Kelk | Thanet Road Club | A | 15.52 |
| 53 | Ken Gardner | C C Bexley | D | 15.53 |
| 54 | Michael Daniels | Southborough & District Wheelers | D | 15.54 |
| 55 | Adrian Lyons | PMR@Toachim House | B | 15.55 |
| 56 | Kelly Wyld | 4t+ Velo Club | A | 15.55 |
| 57 | Kevin Gleadow | Gravesend C C | B | 15.57 |
| 58 | David Smith | V C de Londres | | 15.58 |
| 59 | Miss Jo Hovenden | C C Bexley | L | 15.59 |
| 60 | Phil Bull | VeloRefined Aerosmiths | B | 16.00 |